1- Open EEGLAB

Tip: to figure out how to make scripts in eeglab. First run a command and then type eegh in command line. This will give you the command structure of what you have just run and how the commands are meant to be structured Preprocessing steps: 2-8 (9) Epoching and ICA: 10-12

Averaging and Stats: 13-16

2- Import data

- a. File>Import data >From Netstation binary simple file
 - i. Load corresponding Netstation file



- Note: to load an existing data set:
- b. The information that pops up in EEGlab tells you about the size of the file, number of events, number of channels etc.

File	Edit	Tools	Plot	Study	Datasets	Help			3
_	_#1:	s15-i	r <mark>aw-</mark>	shor	t				_
	Filen	ame:	.\eeg_	_qing\s1	5-raw-sh	ort.set			
	Char	nnels pe	er frar	ne	63				
	Fran	nes per	ерос	h	22650	1			
	Epochs								
	Ever	nts			635				
	Sam	pling ra	te (Hz	z)	500				
	Epoc	:h start	(sec)	í.	0				
	Epoc	h end	(sec)		453				
	Refe	rence	,		unknov	wn			
	Char	nnel loc	ations	2	No (labels only)				
					No (labels only)				
	ICA weights				60.0				
	Data	iset size	e (Mb))	62.2				

- c. Save data so it is easier to have the data stored as a .set file in eeglab to reopen
- d. SAVE ("ss_expt_name_scroll")

3- Plot and remove artefacts (optional)

- a. It is sometimes a good idea to scroll through the entire raw data to make sure everything went ok during recording. While this can be a bit time consuming, it will give you more familiarity as to whether there are any odd channels that may need interpolating later on, or large artefacts that should be removed from any further analysis.
- b. To plot: Plot>Channel data (scroll)
- c. Remove DC offset: Display>Remove DC offset



- d. To move through the plot use the arrow keys
- e. SAVE ("ss_expt_name_scroll")

4- Extract triggers (if applicable)

- a. If you want to remove triggers (i.e. remove incorrect trials from analysis), or insert different labels for triggers then it is easier to do this at this early stage.
- b. To extract triggers (EEG.event) then run a program selecting the triggers you want – the important information to keep is the type and latency of the trigger.
- c. Add event triggers into file: file>importeventfile>from matlab array: type in "EEG.event" into array
- d. SAVE ("ss_expt_name_trig")

5- Import channel location file

- a. Need to insert channel information. This is stored in a text document with electrode label and x/y co-ordinates (location) of the electrodes (e.g. Cz is 0,0)
- b. Edit> Channel locations



- i. Make sure BESA spherical file is selected> Press Ok
- c. Read locations> select: GSN124_plus.loc

Edit channel info pop_chanedit()			Los channel location file	4.080	Sph prior &	
Channel information ("field name"):			Organize - folder	ts • EEGlab_tutorial • Speech tutorial	The rates	Search Speech tutorial
channel information ("field_name"): Channel label ("label") Polar angle ("theta") Polar radius ("radius") Cartesian X ("X") Cartesian X ("X") Cartesian Y ("Y") Cartesian Y ("Y") Cartesian Y ("Y") Spherical horiz, angle ("sph_thetp) Spherical horiz, angle ("sph_thetp) Spherical horiz, angle ("sph_thetp) Spherical radius ("sph_radius") Channel type Reference Channel in data array set=yes)	Ch1	Opt. head center Rotate axis Transform axes Xyz -> polar & sph. Sph> polar & xyz Polar -> sph. & xyz Set head radius Set channel types Set reference	Compare * Control to Contrel to Contrel to Contrel to Contrel to Contrel to Contrel to Co	B Ettakturul + Spechatoul nents library brid Rupta August Anne	Anargeby: Todar *	 For Banch Speech Andreal E E Select a file to preview.
Insert chan << < Plot 2: Plot 2: Plot radius (0.2-1, []=auto	1 > Nose along	+X Plot 3-D (xyz)				
Read locations Read locs help Help	Look up locs Save (a	Save (other types) Cancel Ok	<		y	All Files

i. Select: autodetect> Press OK

	X	Edit channel info pop_chanedit()	Common Distance of		
		Channel information ("field_name"):			
The format		Channel label ("label")	F10		Opt. head center
File format:		Polar angle ("theta")	46.352		Rotate axis
		Polar radius ("radius")	0.59923		Transform axes
autodetect		Cartesian X ("X")	0.65696		
Polhemus native .elp file		Cartesian Y ("Y")	-0.68872		Xyz -> polar & sph.
BESA spherical el file		Cartesian Z ("Z")	-0.30672		Sph> polar & xyz
Mattab un fla		Spherical horiz, angle ("sph_theta")	-46.352		Polar -> sph. & xyz
Matiab .xyz nie		Spherical azimuti angle (spn_phi)	-17.8614		
BESA or EGI 3-D cartesian .sfp file		Channel type			Set head radius
EEGLAB polar loc file	=	Reference			Set channel types
Matlah, anh anharical file		Index in backup 'urchanlocs' structure	1		SetTelefence
Mallab .spn sphericar ne		Channel in data array (set=ves)			
Neuroscan polar .asc file					
Neuroscan 3-D. dat file		Delete chan Ch	annel number (of 127)		
ASA old 3 D filo		Insert chan << <	1 >		>> Append chan
	-				
EEGLAB complete 3 D file		Plot 2-D Plot radius (0.2-1, []=au	to) Nose a	long +X	Plot 3-D (xyz)
		Read locations Read locs help	Look up locs Sa	ve (as .c	ed) Save (other types)
		Help		_	Cancel Ok
		 L			

- d. Press Ok on Edit chan info window -
- e. In data set file Channel Locations should now have changed to a "yes"

Edit	Tools	Plot	Study	Datasets	Help		ч
#1:	s15-r	aw-	shor	t			
Filen	ame:	\eeg_	_qing\s1	15-raw-sł	nort.se	t	
Char	nnels pe	er fran	ne	63			
Fram	nes per	epoc	h	22650	1		
Epoc	:hs			1			
Even	its			635			
Sam	pling ra	te (Hz	z)	500			
Epoc	h start	(sec)		0			
Epoc	h end (sec)		453			
Refe	rence			unkno	wŋ		
Char	nnel loca	ations	5	Yes 🧧			
ICA v	veights			No			
Data	set size	e (Mb))	62.2			

f. SAVE ("ss_expt_name_chan")

6- Filters (use FIR)

a. Tools>Filter the data > Basic (FIR)



b. Apply high pass filter first (e.g. 0.01Hz)



c. Once the data has been high-pass filtered

d. Apply low pass filter next (e.g. 80Hz)

🛃 Filter the data pop_eegfiltnew()
Lower edge of the frequency pass band (Hz) Higher edge of the frequency pass band (Hz) 80
FIR Filter order (Mandatory even. Default is automatic*) *See help text for a description of the default filter order heuristic. Manual definition is recommended.
 Notch filter the data instead of pass band Plot frequency response
Help Cancel Ok

- e. Note: filtering can distort data or clean it up, Luck has a great chapter on how and when to use filters
- f. SAVE ("ss_expt_name_filt")

7- Identify Bad Channels

a. Tools>Automatic channel rejection



- b. The Output of this can be copied into an Excel file and saved.
- c. Highlight any channel labelled as bad and take note of the electrode number



d. OR: Edit>Select Data>Channel Data (I AM UP TO HERE!!)

- 8- Interpolation (as a preprocessing step do this once you have run through 1 to 12 once) Note: you can also interpolate after epoch and ica'ing but will have to re-reference after ICA.
 - a. When channels are bad/noisy/flat and are contributing to epoch rejection then you need to interpolate the electrode. Interpolation takes an average of the signal from surrounding electrodes so that the

bad signal becomes an interpolation of the signal from the surrounding electrodes

- b. If this is done before the ICA (i.e. before epoch extraction) the data entered into the ICA is clean
- c. Tools>Interpolate electrodes
- d. Select from data channels
 - i. pick channels you want to interpolate



- e. Interpolation method: spherical method
- f. SAVE ("ss_expt_name_interp")

9- Rereference

a. Tools>Re-reference

b. For an average reference:

- i. Click "compute average reference"
- ii. In box for "add current reference channel back to the data" type in your reference channel (e.g. Cz)



- c. For a channel reference (e.g mastoids: TP9 and TP10):
 - i. Click "re-reference data to channel" and select channels you want to reference to
 - ii. In box for "add current reference channel back to the data" type in your reference channel (e.g. Cz)



d. SAVE ("ss_expt_name_reref")

10- Extract data epochs

a. Once pre-processed data (Steps 1-9), use the final pre-processed data ("ss_seq_omit_interp") to extract data epochs. Need to decide the

triggers (time locking events), the size of the epoch window which includes pre-stimulus and post-stimulus (in seconds e.g. -.5 to 1), the baseline (in milliseconds e.g. -100 to 0)

b. Tools>Extract Epochs



- i. Time-locking event: select triggers
- ii. Epoch limits: epoch time window [start time, end time]
- iii. Save dataset ("ss_expt_name_epoch_name")

aset info pop_newset()		
What do you want to do with t	he new dataset?	
Name it: s1	5-raw-short-epoch-S22-S23	Edit description
Save it as file: D:\qir	g\Mes documents\technique\ee	Browse
What do you want to do with to Overwrite it in memory (set	he old dataset (not modified sind =yes; unset=create a new dataset) Cance	el Ok

iv. Popup: baseline removal



- Baseline latency range [start time for baseline, end time for baseline] (note in ms)>Ok
- 2. SAVE: File> save current data set

("ss_expt_name_epoch_name_base")

- c. MAKE SURE YOU SAVE THE EPOCHED DATA and that you remove the baseline as this will really mess up your trials marked for rejections.
- d. If you are looking at different epochs e.g. pre-action activity vs stimulus locked ERP then need to create different epochs for each.

11- Run ICA for blink correction

- a. In order to remove blink artefacts an ICA is run on the epoched data
- b. Tools>Run ICA
 - i. This will take a while it can be from an hour to a few hours depending on the size of your epoched data

Run ICA decomposition pop_runica()			
ICA algorithm to use (click to select)		runica	\$
Commandline options (See help messa	ages)	'extende	:d', 1
Channel type(s) or channel indices		types	channels
Help		Cancel	Ok

- c. SAVE ("ss_expt_name_epoch_name_ica"). Make sure you save this file
 as you don't want to redo the ica because you forgot to save it.
- d. To look at the ICAs: Tools>Reject Data using ICA>reject components by map – should pop up a window that asks how many components to plot



e. Select component with blinks in them – check the power spectrum (and eeglab wiki for what to look at)



f. Tools>Remove components (this is to see if the data is correcting the blink)

i. Enter component to remove from data: blink ICA no. (e.g 1)

Remove components from data pop_subcomp()	
Component(s) to remove from data: Component(s) to retain (overwrites "Component(s) to remove")	1
Help Cano	el Ok

- ii. Leave "component to overwrite" blank
- iii. When "confirmation" dialog box opens click on "plot single trials"

🚺 Confi	irmation				
Plea	ase confirm. Are y	you sure you want to remo	ve these components?		
	Cancel	Plot ERPs	Plot single t	r Accept	

 iv. The red line in the plots is your "corrected" raw trace and the black line is your previous epochs – for blink correction there should be a big difference in blinks between red and black lines.



- v. If you want to accept for rejection then click ACCEPT if not then click CANCEL
- vi. SAVE the new file as ("ss_expt_name_epoch_name_bc")

g. Save the component numbers that have been removed in excel or a notepad document.

12- Reject Data Epochs

- To select data epochs for averaging and analysis need to exclude epochs based on a specific criteria (such as extreme values or low signal drift or sudden gradient changes). Only epochs that meet this criteria will be included in analysis. This is an example for extreme values.
- b. Tools>Reject data epochs>reject extreme values
 - i. Upper/lower limits (+120/-120) (or 100 depending on how strict you are).
 - ii. Start time/End time: specify the window you want artefact rejection to take place. Generally use the start of the epoch to the end of the epoch, but sometimes you may want a large epoch but only want artefact rejection to happen over a smaller window.
 - iii. Display with previously marked rejections and Reject marked trials: keep at default "No"

Rejection abnormal elec. values pop_eegthresh()		x
		Upper and
Electrode (number(s), Ex: 2 4 5):	1:64	Lower limit
Lower limit(s) (uV, Ex:-20 -10 -15):	-120	
Upper limit(s) (uV, Ex: 20 10 15):	120	
Start time(s) (seconds, Ex -0.1 0.3):	-0.5	Start Epoch
End time(s) (seconds, Ex 0.2):	0.998	End Epoch
Display with previously marked rejections? (YES or NO)	NO	
Reject marked trial(s)? (YES or NO)	NO	
Help	Cancel Ok	

c. Popup data plot: This will then highlight the epochs that have extreme values in them



- i. Similar to blink correction a trace in an electrode that is red means it has exceeded your criteria
- ii. You can visually inspect and then decide whether to accept them or not.
- iii. If you think the epoch is ok then click on it and it should not be highlighted anymore – then click update marks.
- iv. If the same electrode is contributing to a lot of rejected epochs then you may want to look into interpolating that channel (you will need to go back to the Interpolation step)
- v. Can determine if a channel is contributing to rejection threshold and decide to interpolate (see 9. Interpolation).
 - 1. Epochs that are going to be rejected are in workspace as **EEG.reject.rejthreshE** (channel x epoch matrix).
 - 2. If there is a "1" in a cell it means it is tagged for rejection
 - 3. Sort through each channel (row) to determine how many epochs are marked for rejection
 - 4. Generally if there is at least 20-25% of epochs rejected then the channel needs interpolating
 - 5. EEG lab allows interpolation of a channel at this point too (refer to 8 on how to interpolate a channel).

- 6. If interpolating at this point then must apply the average reference after interpolation and not at the preprocessing step
- d. Tools>Reject data epochs > reject marked epochs (remember once you have marked epochs to reject doesn't mean that they have been rejected) Make sure you do this step.
- e. SAVE ("ss_expt_name_epoch_name_rej")
- f. Take note of the no. of trials rejected for erps ideally need at *least* 80 trials in each condition (or over 75 to 80% of all trials accepted)– anything less than participant should be rejected from further analysis for failing to reach threshold

13- Selecting Data Epochs (Conditions)

- a. For each ica corrected/artefact rejected epoch
 {ss_expt_name_epoch_name_rej } need to create separate conditions
 for each subject
- b. Edit>Select Epochs/Events
- c. In the dialog box for select the event click on type "..." and select the condition you want to use (you will create one of these condition files for each condition)

Select events pop_selectevent()						
Field			Select	ion	Set=NOT THES	E
latency (ms)	No description	min		max		(use shift ctrl to select several)
duration (ms)	No description	min		max		C 22
type	No description		'S 22'		K	S 23
channel	No description					S 30
bvtime	No description					S 40
bvmknum	No description					S 45 S 50
code	No description					S 55
epoch	No description					S 60 S 65
Event indices						
Event selection	T selected above (Set this button	and "all BUT" butt	ons (above) for l	ogical OR)		Only select
Rename selected ever	it type(s) as type:					one at a time
Retain old event type n	ame(s) in (new) field named:					
Epoch selection	eferenced by any selected event					
Invert epoch selection Help		Make su is selecte	re this ed		Cancel Ok	Cancel Ok

- Need to select (i.e. click) remove epochs not referenced by any selected event – OK
- e. Click OK for warning dialogue box.



- f. Name it something different- and save all of these files to a folder within your epoched data folder. Again change the name for each file. SAVE ("ss_expt_name_epoch_name_condition_name").
- g. Important: Note down the no. of epochs that are now included in that event (as this may be important for subject rejection etc.)
- h. Redo this for each condition/event you want to look at make sure you go back to the set file containing all events and not the condition files.

14- Compare Events for One Subject using Plots

a. Load condition datasets (you will be using the dataset number in the eeglab dialog box that has been assigned to these files)



- c. In the blank white spaces enter in the data sets you want to plot e.g. 1
 2 4
- d. If want to average together then click "avg"
- e. If don't want the average across the entered conditions then click "all erps"
- f. If you want to compare between conditions enter one set of data sets in "datasets to average" then put the comparison data sets into

"datasets to average and subtract" - make sure avg is clicked for both rows. If you want to also plot the difference click avg in the plot difference line

- g. If you want to highlight which regions are significant then enter .05 into highlight significant regions.
- h. Other aspects of this dialog box are about whether you want negative plotted up or not and adjust the filtering for the plots.
- i. Output: Plots of your conditions across the scalp



15- Creating Grand Averages – STUDY function

- a. To create grand averages you can use the STUDY function in eeglab
 - i. You can check the wiki to find out how to use this
- b. It is good to use for plotting more than one conditions but maybe not so good to run statistics in
- c. To create a study: File>Create Study>Simple ERP Study
 - i. Will get a warning about needing a lot of memory

Study warning	
Your memory options currently allow to store all datasets in memory (RAM)!	
If your study contains a large number of datasets, you should change the memory settings to allow EEGLAB to only read the dataset header (cancel next action and use menu item "File > Memory" - first checkbox to allow at most one dataset at a time in memory). Otherwise your computer might run out of memory. NOTE that this is a REQUIRED step to load the tutorial study since it does not contain the EEG data.	Note: need to have enough memory to open many data files
Cancel Ok	
ii. OK	•

d. Window: Create simple ERP study

- Number of conditions: number of conditions in experiment e.g.
 2
- ii. Number of subjects: you intend to analyse in the study function



e. Create a new Study window:

Create a new STUDY set pop_Btudyep0 Create simple ERP STUDY	18800a 800 erus 1880	Give the.g. ex	ne study a name pt label study1	
STUDY set name: Condition 1 name	Condition Labels	obs_intent_study1		
Full Condition 1 datasets	ndition Datasets	Free Condition 2 datasets	ze	
C:Usersisimmy/Documents/EEGlab_tutorial/data/analysed/cond_fulls02_others_int_viser C:Usersisimmy/Documents/EEGlab_tutorial/data/analysed/cond_fulls04_others_int_viser C:Usersisimmy/Documents/EEGlab_tutorial/data/analysed/cond_fulls05_others_int_viser	p_ful_picset p_ful_picset p_ful_picset	C:UsersisimmyDocumentsIEEGlab_tutorial/datalan C:UsersisimmyDocumentsIEEGlab_tutorial/datalan C:UsersisimmyDocumentsIEEGlab_tutorial/datalan	alysedicond_frzls02_others_int_viserp_frz_pic.set alysedicond_frzls04_others_int_viserp_frz_pic.set alysedicond_frzls05_others_int_viserp_frz_pic.set	
When using more than 1 condition, datasets on each line must correspond to the same subject	ı.	Use to browse for files associated with conditions	Cancel	Ok

 f. Will get a pop up of a grand average plot and a window of viewing and editing channels – press OK and the study will turn up in the eeglab workspace

C Figure 2 Channel (197) Fix fek Yene hoeft joad Redorp Wieden Halp	View and edit current channels pop	_chanplot()	nab ~	
22235 b < < 0.92 × 0.02 = 2 	STUDY name 'obs_intent	_study1' - '	STUDY.desi	ign 1'
40 -	Select channel to plot	Sel. all		Select subject(s) to plot
	All Fp1 All Fp2 All F7 All F3 All F2 All F4 All F4		STATS	All subjects S01 Fp1 S02 Fp1 S03 Fp1
μ μ μ μ μ μ μ μ μ γ. 	Plot ERPs		Params	Plot ERP(s)
	Plot spectra		Params	Plot spectra
THE AN	Plot ERPimage		Params	Plot ERPimage(s)
	Plot ERSPs			Plot ERSP(s)
	Plot ITCs		Params	Plot ITC(s)
	Help			Cancel Ok

- g. IMPORTANT: SAVE the study. File>save current study as...
- h. When reopen study file the options are under the Study Tab in the toolbar

EE	GLAB v12.0.2.6b	
File	Edit Tools Plot Study	Datasets Help 🏻 🏾
	STUDY set: obs_	intent_study1
	Study filename:	
	Nh of subjects	3
	Nb of conditions	2 per subject
	Nb of sessions	1 per subject
	Nb of groups	1 per subject
	Epoch consistency	yes
	Channels per frame	64
	Channel locations	yes
	Clusters	1
	Status	Ready to precluster
	Total size (Mb)	40.3

- i. Study>edit>edit study design
 - i. Can edit the study add in more subjects etc
- j. Study>Plot Channel Measures

Select ch	nannel to plot	Sel. all		Select subject(s) to plot
All Fp1 All Fp2 All F7 All F3 All F2 All F4	Select Channel Plot ERP	s	STATS	All subjects S01 Fp1 S02 Fp1 S03 Fp1
	Plot ERPs		Params	Plot ERP(s)
	Plot spectra		Params	Plot spectra
	Plot ERPimage		Params	Plot ERPimage(s)
Plot ERSPs Plot ITCs			Deserve	Plot ERSP(s)
		Params	Plot ITC(s)	

- i. Provides a window of view and edit channels
- ii. Can select several electrodes to plot
 - 1. Select channels
 - 2. Plot ERPS

iii. Parameters





iv. Stats





16-Creating Grand Averages – using MATLAB workspace

- a. Take each participants data for a given condition (e.g. load .set file for condition 1)
- b. Data is in EEG.data within workspace (this is a big matrix of numbers (3D array): channels x time points x no. of epochs)
- c. You need to create a 2D array of this data to get each subject's data average for that condition (channels x time points) (i.e. average across the number of trials e.g. ss_cond_avg = mean(data, 3))
- d. Use each ppts average for that condition and save it into a cell matrix that way you can access each participants averaged data easily – very handy for doing later statistics.
- e. To create a grand average:
 - Need to concatenate the data into one matrix (use cat function in matlab) (i.e. each condition has each subjects matrix consisting of channels x time points)
 - ii. Then average together on last dimension (ndims+1) this averages across subjects
 - iii. This should give you a 64 (channels) x time points matrix of data points.
 - iv. Do this for each of your conditions and save into one structure
 - v. Select which electrodes you want to plot. Use the numbers assigned in the channel location file (e.g. Cz is 14)
 - vi. Select the row (based on the electrode you want) and put that data row into a grand-avg matrix you will use to plot

- vii. Do this for each condition, but attenuate each row underneath the previous (otherwise it will overwrite the previous row)
- viii. You should end up with a matrix where each row corresponds to all ppts average data for each condition for one electrode.
 - ix. Use Plot function in matlab to plot the grandavg for these conditions at one electrode.
 - x. Save everything as a .mat file that can be loaded into matlab later.

17-Statistics

- a. PCA?
- b. Visually inspect your grand averaged ERPs and identify your components (Auditory ERPs: (p80), N1, P2, P300. Visual ERPs: P1, N170, P3) in the specific electrodes (Peaks: Auditory N1: FCz, Auditory P2: Cz, Auditory P3: CPz/Pz; Visual P1: Iz, Visual N170: Oz (for laterality effects use PO8 and PO7))
- c. Select your time windows for analysis. For each component need a start time and end time we will then create an average amplitude (μ V), for each condition, across each subject that will be used in a statistical parametric test.
 - i. Ideally the data for stats tests should be presented:
 - 1. Rows: each subjects data
 - 2. Columns: each condition (or each component_condition)
 - 3. Within each cell: the mean average (μV) across the time window for that condition for that subject
- d. To calculate mean averages for each subject:
 - i. Take cell arrays created in 15b(iv)
 - ii. Take each subject's data for your given time window (EEG.data(channel no, [start timewindow:end timewindow])
 - 1. This should create a matrix of all electrodes data for data points within this time window
 - Averaging across the time windows gives you the mean amplitude at this time window for individual electrodes
 - iii. Take the mean time window data from your selected electrode and append it to a matrix with all the other subjects mean voltage for that condition (i.e. each subject on a different row) Then concatenate the other conditions to form one data matrix

of subjects x conditions (e.g. 16 subjects with 4 conditions should end up with a 16x4 matrix for each condition)

- iv. Steps i to iv may differ if you want to average across electrodes take the mean of the electrode sets first – then calculate the average within the time window.
- v. The final matrix can then be saved as a .mat file which can be reloaded into matlab to conduct stats tests or copied into SPSS or excel to create figures or run more tests.

18-Time Frequency Analysis

- a. EEGLab allows you to make time frequency calculations on your data.
- b. Create large epochs (containing double/triple the time of the lowest frequency you are interested in so if you want to look at 4 Hz = a cycle every 250ms seconds (1/4 = .25), then you need each epoch to be at least triple that on each side (e.g epoch size -500 to 500ms) this is due to the tapering function(?) which means data analysed is half that around the epoch size)
- c. Calculate ersp –with outputs
- d. Ersp is a matrix of freq x times data containing complex no.s
- e. These complex no.s need to be calulcated (some calculations are done)
- f. Average
- g. Oscillation data tends to need to be log transformed and to do a power analysis is a little more complicated then I can go into here.

19-Convert EEGLab to Fieldtrip

If you want to look into oscillations properly I would suggest doing preprocessing and epoching in EEGLab and then transferring everything into fieldtrip. Although please be aware that fieldtrip uses MATLAB command functions and does not have a GUI. So if you are not familiar with MATLAB at all – it may take a bit to understand what is going on. Also note: that there is a specific format that fieldtrip uses – so instead of having to start the preprocessing/epoching all again, there are a few quicker ways of getting the right info from your eeglab file and using it in your fieldtrip file. In particular fieldtrip needs information about trials, epochs and filenames – unfortunately the function used (eeglab2fieldtrip), doesn't necessarily extract all this info, so if you want to go straight into frequency processing or ERP stats analysis then here is what you need to do:

- a. Download the fieldtrip toolbox (follow the install instructions on the fieldtrip wiki)
- b. Open up your eeglab file (.set) this is for the .set files that have already been split from other conditions.
- c. Insert the following commands:
 - i. data = eeglab2fieldtrip(EEG, 'preprocessing'); % this is going to convert the eeglab data file to a fieldtrip structure file – but also indicate that it is similar to a "preprocessing" file from fieldtrip
 - ii. Get info: data.hdr = ft_readheader(filename); data.events =
 ft_read_event(filename),
 - iii. To get data.trl and data.epochs (important for fieldtrip further analysis):
 - data.epochs = (find(strcmp ('trial', {data.events.type})));
 %finds the no. of epochs in events.type.
 - 2. Then cycle through the epochs in data.epochs to get timing information for each trial
 - a. Use data.events(trial_no).sample for trial onset
 - b. Use data.events(trial_no).duration + trial onset for trial offset
 - c. Use data.events(trial_no).sample for trial onset
 - d. Use data.events(trial_no).offset for offset
 - e. create a matrix where on each row you have the time onset of trial (trlbegin), time offset of trial (trlend), and the difference between the two (offset). This matrix should be inserted as data.trl
 - iv. Take the data structure that you have created (this is now in fieldtrip format) and save it as a .mat file (fieldtrip saves everything as .mat files) and you should be ready to go.